#### VILLA MARIA DEL MAR



# GLIMPSING GOD IN THE MIDST OF CHANGE: A SPIRITUAL PILGRIMAGE

Monday, July 24 - Sunday, July 30, 2023

## Presenters: Fr. Radmar Jao, SJ and Teresa Nygard

All of us carry touchstone moments that have defined us as people of faith. Over these past three years of constant change and instability, it's been difficult to recognize the God we once knew. Through the lens of Ignatian Spirituality, this spiritual pilgrimage will give us an opportunity to glimpse a God who gently tells us, "I'm here. Trust me. I love you."

We will experience this pilgrimage together through meditation, conversation, liturgy, presentations, personal prayer and rest. Join us.

Retreat begins at 4:00pm Monday, July 24th; registration is 2:00-3:00pm. Retreat ends with lunch on Sunday, July 30th.

**COST: \$750** 

Register online: www.villamariadelmar.org/events Contact Email: vmdmretreats@snjmuson.org

### Fr. Radmar Jao, SJ

Fr. Radmar Jao, SJ is a Jesuit priest and an experienced spiritual director, retreat director/speaker, and currently serves as the Vocation Director for the USA West province of the Society of Jesus. He has also been ministering to and with young adults for over ten years. Prior to entering the Jesuits, Fr. Radmar was a professional actor in Hollywood. Go check out his IMDB page!

#### **Teresa Nygard**

Teresa Nygard has led retreats and worked in ministry with youth, young adults and adults for the past ten years. She currently works as a garden consultant for Gold Feather Gardens in Boise, Idaho. She enjoys exploring the mountain wilderness with her husband, Stu and her very opinionated dachshund, Fig.



